

DAY-CARE SERVICE

Contact us:

01481 822756

Le Val, Alderney,
Channel Islands
GY9 3UL

info@connaught.org.gg

the **connaught**

DAY CARE

Including a lunch time or supper meal, options for a bath and entertainment /activities and support from our Care Assistant Team with any of your care requirements. If you wish to discuss costs or have any other queries please contact the Connaught on **01481 822756** for more information.



www.connaughtcare.org



CONNAUGHT ACTIVITIES

Contact **Annie Savage**, Activity Coordinator in the Connaught on **01481 822756** for more information on up and coming events and activities.

All Alderney residents and their carers are welcome to join the Connaught activities delivered weekly for:

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Chair Yoga in the Connaught Dining Room 10.30 am		Art and Craft Club in the Connaught Dining Room 10.00 am	Church Service in the Connaught Lounge 10.00 am	Gentleman's Club Meet in the Connaught Lounge 9.30 am or Chair Yoga in the Connaught Dining Room 10.30 am
PM	Bridge Club in the Connaught Dining Room 2.00 pm Gardening club with Kev 2.30 pm meet in the Connaught Lounge	Gardening Club With Kev 2.30 pm meet in the Connaught Lounge	Age Concern Island Hall Meet in The Connaught Lounge 1.30 pm	Art and Craft Club in the Connaught Dining Room 1.30 pm	Sing a Long with Colin in the Connaught Lounge 3.30 pm